

RESOLUTION NO. 012-2026

**RESOLUTION OF THE CITY COUNCIL OF THE CITY OF BURLINGAME AUTHORIZING
THE CITY'S PARTICIPATION IN THE PENINSULA HEALTH CARE DISTRICT'S BLUE
ZONES WORK**

WHEREAS, the Peninsula Health Care District is dedicated to advancing preventive health and fostering environments that support longer, healthier, and more connected lives for its residents; and

WHEREAS, in alignment with this mission, the District has engaged Blue Zones to conduct a Blue Zones Ignite Assessment, which will evaluate the community's current well-being environment and its readiness to participate in a long-term, community-wide Blue Zones Project, with the goal of achieving outcomes demonstrated in other Blue Zones communities, including reduced obesity and smoking rates and associated healthcare cost savings; and

WHEREAS, Blue Zones Ignite is a focused, six-month assessment and engagement process intended to help Burlingame understand current community well-being, identify strengths and gaps, and determine the most impactful path forward for improving health, quality of life, and longevity; and

WHEREAS, between now and April, the Ignite Assessment will include one-on-one interviews, small focus groups, and on-the-ground driving tours to gather input across sectors and neighborhoods and ensure local context and lived experience inform the findings; and

WHEREAS, Blue Zones Ignite allows the City of Burlingame to explore a potential Blue Zones implementation in a thoughtful, low-risk way—grounded in local context and informed by regional collaboration—before making any long-term commitments; and

WHEREAS, The Peninsula Health Care District is asking the City to formally support the Blue Zones Ignite Assessment and commit to participating in one-on-one interviews, focus groups, and driving tours and other meetings between now and July to help inform the assessment and guide the long-term opportunities for Burlingame and Blue Zones.

**NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF BURLINGAME DOES
HEREBY RESOLVE THAT:**

The City supports the Blue Zones Ignite Assessment and is committed to participating in the activities surrounding this assessment.

Michael Brownrigg, Mayor

I, Meaghan Hassel-Shearer, City Clerk of the City of Burlingame, do hereby certify that the foregoing Resolution was introduced at a regular meeting of the City Council held on the 17th day of February, 2026, and was adopted thereafter by the following vote:

AYES: Councilmembers: Brownrigg, Colson, Pappajohn, Stevenson, Thayer
NOES: Councilmembers: None
ABSENT: Councilmembers: None

Meghan Hassel-Shearer, City Clerk